

## AREADOCKS NORTH DEPARTMENT

### **SUNDAY LUNCH MENU**

LUNCH

COFFEE

PASTRY & ICE-CREAM

ALLERGEN LIST

ALL THE PRODUCTION OF BAKERY AND PASTRY, BOTH INTENDED FOR CONSUMPTION IN THE LOCAL AND FOR SALE, IT IS PRODUCED IN THE ICE CREAM & PASTRY LABORATORY OF AREADOCKS NORTH DEPARTMENT

Notify your waiter for any food intolerances

#### **OUR PHILOSOPHY**

Every recipe and every dish of our restaurant are not the result of an idea conceived and developed to offer a taste experience. They come from a path of flavors where the research of raw materials is fundamental for us: their quality and their origin, the freshness and seasonality of the materials, the use of non-modified ingredients derived from integrated organic farming.

On our pizzas we use fresh vegetables cooked at the moment and high-quality ingredients certificated by the Slow Food Presidia. The flours are made from organic unmodified grains free of mycotoxins, pesticides and preservatives, stone milled in purity.

For our pizzas we realize three different types of dough, free of animal fats, hydrogenated fats, additives or preservatives. The doughs are leavened for at least 48-72 hours under controlled conditions of temperature and humidity, then cooked in three different types of oven for enhance their characteristics and the different processing. Our philosophy conceives a "simple" cuisine with unmodified raw materials, light and highly digestible, easily recognizable and assimilable by our organism. As it should be.

This place has been designed and built using only natural and eco-friendly materials, 100% recyclable.



I think having land and not ruining it is the most beautiful art that anybody could ever want. 99

Andy Warhol



## **SUNDAY LUNCH**

from 12:00 PM to 15:30 PM

#### PIZZA FROM THE PAN

High, honeycombed, light and fragrant. Direct high hydration dough (80%) with the use of type "0" flour. Final leavening in two phases for a total of 36 hours, cooked on refractory brick surface.

BUFALA (1-7) with peeled tomato, cilento buffalo mozzarella and basil EVO oil	14
BURRATA (1-7) with peeled tomatoes, pugliese stracciatella, confit datterini tomatoes, Mediterranean powder and EVO oil	15
FARCITA (1-7) with zucchini cream, fiordilatte mozzarella, sautéed cherry tomatoes, fresh basil and Parma ham 24 months	16
CAPRICCIOSA (1-7) with peeled tomatoes, fiordilatte mozzarella, lightly smoked cooked ham, sautéed fresh cardoncelli mushrooms, grilled artichokes, and extra virgin EVO oil	15
LANGHIRANO (1-7) with peeled tomato, stracciatella pugliese, 24-month Parma ham, baked yellow tomatoes and EVO oil	15

#### ALSO LOW GLUTEN PIZZA

The flavors of the tray pizzas are also available with gluten-free dough  $\,$ 



## **SUNDAY LUNCH**

from 12:00 PM to 15:30 PM

#### **BAKER'S SHOVEL PIZZA**

Crunchy and honeycombed. Indirect high hydration dough (85%) with the use of type 2 flour and spelt flour. Cooked on refractory brick surface.

#### FOR 2 PEOPLE - SINGLE OR DOUBLE FLAVOR

\* The price refers to half the pizza

MARGHERITA (1-7) with peeled tomato, fiordilatte mozzarella, oregano and EVO oil	30	15*
BUFALA (1-7) with peeled tomatoes, Pugliese stracciatella, confit datterini tomatoes, Mediterranean powder and EVO oil	34	17*
ARCHOVIES (1-4-7) with peeled tomato, Pugliese stracciatella, Cantabrian anchovies and parsley sauce	38	19*
PARMA HAM AND FIGS (1-7) with peeled tomatoes, Pugliese stracciatella, Parma ham 24 months and fresh figs	42	21*
CAPRICCIOSA (1-7) with peeled tomatoes, fiordilatte mozzarella, lightly smoked cooked ham, sautéed fresh cardoncelli mushrooms, grilled artichokes and extra virgin olive oil	38	19*
SEASONAL VEGETABLES (1) with peeled tomato and seasonable vegetables	34	17*
CARBONARA (1-3-7) with guanciale from the Parma hills, Tuscan pecorino cheese, fiordilatte mozzarella, egg cream	38	19*
SUMMER (1-4-7) with Caiazzana olives (Slow Food Presidio), capers, Cantabrian anchovy sauce, oregano, cherry tomatoes, Pugliese stracciatella, basil, and 24-month-aged Parma ham	40	20*
NDUJA (1-7) with peeled tomatoes, Nduja from Spilinga, fresh basil, Taggiasca olives, Cilento buffalo mozzarella, and basil oil	38	19*

#### EXTRA ADDITIONS TO YOUR PIZZA

Cantabrian anchovies (4)	6	Patanegra de Bellota selection Ibesa DOP	8
Burrata d'Andria (7)	3	Lightly smoked artagianal cooked ham	4
Parma ham 24 months	5	Calabrian flatbread	4

## **SUNDAY LUNCH**

from 12:00 PM to 15:30 PM

#### **SEAFOOD APPETIZERS** AREADOCKS CRUDITÉS (2-4-12-14) 49 Fine de claire oysters, Mediterranean scampi, red shrimp, amberjack carpaccio and Beet samone sashimi Our condiments: wakame seaweed, candied ginger, soy sauce, and lime EACH PIECE OF THE CRUDITÉ IS AVAILABLE INDIVIDUALLY cad.5 18 SALMON TARTARE - 130g (4-6) with marinated zucchini and fresh mango **MEAT APPETIZERS** SELECTION OF PATANEGRA DE BELLOTA SELEZIONE IBESA DOP (1-7) 29 and with brioche bread from our bakery COLD CUTS SELECTION (1) 24 24-month-aged Parma prosciutto, Capocollo from Martina Franca, and slightly smoked artisanal cooked ham heart, served with freshly baked, crispy focaccia PIEMONTESE FASSONA TARTARE (1-3-4-6-10-12) 18 with a blend of capers and Cantabrian anchovies, mustard, Worcestershire sauce, chives, and honey-soy marinated egg yolk

## AREADOCKS FRIED SELECTION

FRIED CHICKEN STICKS(1-3-11) with lime mayo and Sichuan pepper	10
RUSTIC POTATOES(1-11)	6
SPECIAL FRIED OF THE DAY (1-11)	11



15

10

12

9

12

10

## **SUNDAY LUNCH**

from 12:00 PM to 15:30 PM

#### **AREA BURGHERS**

Burgers made in-house accompanied by deep fried potatoes and sauces

PIEMONTESE SCOTTONA BURGHER- 180g (1-3-7-11)
with sesame bun, crispy bacon, crunchy lettuce, tomato, Dobbiacco cheese, and crispy fries

CHEESEBURGER - 180g (1-7-11)
Piemontese Scottona burger, Cheddar cheese, lettuce, tomato, and marinated cucumber

TUNA HAMBURGER - 150g (1-3-7-11)
with sesame bread, avocado guacamole, baked yellow tomatoes, sweet gorgonzola and crispy fries

18

18

25

#### MAIN COURSE

#### **MEAT**

TAGLIATA DI MANZO - 200g with baked potatoes, valerian salad and seasonal aromatic oil

JUVENCA SHEET RIB - 400g with baked potatoes, valerian salad and seasonal aromatic oil

PLATE OF THE DAY

#### **FISH**

TUNA TONNATO (3-4) tuna tataki with crispy asparagus, avocado, cherry tomatoes, Caiazzana olives (Slow Food Presidio), caper fruit, and tonnato sauce

PLATE OF THE DAY

#### **BAGELS**

In-house bagels served with crisper chips and mixed salad

PATENEGRA (1-3-7-11) uovo pochè, soncino, salsa bernese e Patanegra

VEGETARIAN (1-7-11)
con zucchine marinate, hummus di ceci
e caciottina fresca

SMOKED SALMON (1-3-6-7-) con crema al formaggio, spinacino fresco e salsa bernese

#### <sup>24</sup> TOAST

CLASSIC TOAST (1-7)

with lightly smoked artisanal cooked ham and Dobbiaco cheese

AVOCADO AND SALMON (1-3-4-6-7-11) with homemade bread, crispy venus rice, smoked salmon, poached egg, guacamole

yogurt sauce

CROQUE MADAME (1-3-7)

con prosciutto cotto artigianale

leggermente affumicato, formaggio Dobiacco e

uovo all'occhio di bue

## **COFEE BAR**

every day

COFFEE			JUICES	4
Espresso		1,5	LABORATORIO MARCO COLZANI - 150ml	
Decaffeinato coffee	2	1,6	Apricot	
American coffee		2,2	Pineapple	
Shaken coffee		3	Pomegranade Blueberry	
		2,5	Pear	
Cappuccino			Peach	
Milk with coffee	,	2,5	Strawberry	
Barley	picccolo/grande	1,60   2,2	Lemonade	
Ginseng	picccolo/grande	1,60   2,2	Mandarin American grape	
Hot chocolate		4	Apple	
TEAS AND	INFUSIONS	5	KUSMI TEA	5
Pukka selection by	Areadoccks		Detox	
			BB Detox	
WATER			Rose Green Tea	
Panna Water	125ml	1,5	Organic Darjeeling N° 37	
S. Pellegrino Wate	er <i>125ml</i>	1,5	Thè du Matin N° 24	
Panna Water	750ml	2,5	English Breakfast	
S. Pellegrino Wate	er <i>750</i> ml	2,5	Ginger lemon Green Tea	
3. I cheginio wak		,-	Gunpowder Green Tea	
BRIOCHES		1,8	EXTRACTED JUICE	6
Vegan (1) Raspberry vegan (1)			<b>SLIMMING</b> with pineapple, apple, parsley, celery, cucumber and turmeric	
Cream veneziana (1- Pain au chocolat (1- Empty croissant (1-3	-3-7) 3-6-7)		<b>DETOX</b> with green apple, blueberry, fennel, ginger and grapefruit	
Cream croissant (1-3	3-7)			
Apricot jam croissa			EDECH JUICE	E
Raspberry jam crois			FRESH JUICE	5
Pistachio croissant Wholemeal honey	,		Orange juice	
Raisin swirl (1-3-7)	Saccottii IO (I)			
	raspberries basket (1-3-7)			
	nduia cream (1-3-6-7-8)			
Apple pinwheel (1-3	-7)			

Custard, raspberry jam and Fresh blueberries "danese" (1-3-7)

# PASTRY & ICE-CREAM

dalle 7.30 alle 02.00 7 giorni su 7

STRAWBERRY BLOSSOM (3) vegan white chocolate mousse (Amatika) with a heart of sautéed strawberries in a crunchy strawberry chocolate shell; accompanied with raspberry sorbet	8
CHOCOLATE CUPCAKE WITH DARK RASPBERRY HEART (3) accompanied with raspberry sorbet	8
PANNA COTTA WITH PEACHES AND APRICOTS (3-7) vanilla panna cotta with apricot and yellow peach compote on a crunchy white chocolate base accompanied with peach sorbet	8
BERRIES CHEESECAKE (3-7) accompanied with raspberry ice cream	8
TIRAMISÙ (3-7)	8
RASPBERRY SACHER (3-6-7) accompanied with raspberry ice cream	8
CARAMELIZED APPLE TARTE TATIN (1-3-7) accompanied with cream ice cream	8
PISTACHIO MOUSSE (3-7-8) pistachio mousse covered with a crunchy praline rocher accompanied with dark chocolate sorbet	8

# PASTRY & ICE-CREAM

from 7:30 AM to 2:00 AM every day

CHOCOLATES		MACARONS (3-6-7-8)	
Apricot and tonka bean (6-7-8)		Blue berry and black currant	
Ananas, thyme and caramel (6)		Hazelnut	
Peanuts and raspberry (5-6-7)		Passion fruit	
Banana and pecan nuts (6-7-8)		Pistachio	
Coffee and dark chocolate (6-7)		VaniLia	
Chai latte (6-7)			
Coconut (6-12)		Caramel	
Gianduia chocolate and hazelnut (7-8)		Dark chocolate	
Gianduia chocolate and pistachio		Strawberry and rose	
Gianduia chocolate and rasperry		Raspberry	
Chocolate Tartufo		Licorice	
Raspberry (6-7)		BY THE PIECE	-
Early Gray tea (6-7-8)		8 PIECES BOX	15
Lemon and ginger (6-7)			
Cream and strawberry (6-7)		SMALL PASTRY	
Passion fruit and timut pepper (6-7)		SMALL PASTRY	
Pistachio (6-7-8)		BY THE PIECE	1,5
Rum and pear (6)			
Speculoos (1-6-7)		ADEADOV	
Vanilla (6-7)		AREABOX	
BY THE PIECE 8 PIECES BOX 16 PIECES BOX	1,50 9 8	MEDIUM MAXI	32 38

### PASTRY & **ICE-CREAM**

dalle 7.30 alle 02.00 7 giorni su 7

#### **ICE CREAMS**

WATER BASED MILK BASED

Fior di latte (7)

Pear

Cream (3-7)

Raspberry

Pistachio (7-8)

Lime

Spiced biscuit (1-7)

Cherry

Yogurt (7)

Strawberry

Arabian Chocolate (7-8)

Peach

IGP Hezelnut (7-8)

Passion Fruit

Cremino (7-8)

Kinder Bueno (3-5-7-8)

Mango

Pineapple

Coconut

Dark chocolate

1 FLAVOR

2 FLAVOR

3 FLAVOR

3 FLAVOR

2 3 4 5,5

#### BON BON (1)

Fiordilatte with caramel coating (7)

Fiordilatte with dark chocolate coating (7)

Cream with white chocolate coating (3-7)

Cream white hazelnut coating (3-7-8)

Raspberry with dark chocolate coating

Pistachio with pistachio coating

Cremino with praline dark chocolate cover (3-7-8)

Coconut with dark chocolate coating (7)

Mango with dark chocolate coating

Spiced cookie with dark chocolate coating (1-7)

Hazelnut praline hezelnut cover (7-8)

Dark chocolate with dark chocolate coating (7-8)

Lime with lemon coating (7)

Yogurt with ruby chocolate coating (7)

BY THE PIECE

2

#### **MAXI STICK**

Coconut with dark chocolate coating

Passion fruit cwith dark chocolate coating

Hazelnut with hazelnut coating (7-8)

Pistachio with pistachio coating (7-8)

BY THE PIECE

#### MOCHI

WATER BASED

MILK BASED

Pistachio

Mango Raspberry

Coconut

Cherry Chocolate

BY THE PIECE

#### MINI STICK

Pistachio with pistachio coating (1-7-8)

Raspberry with dark chocolate coating

Mango with dark chocolate coating (1-7)

Cream with white chocolate coating (3-7)

Cremino with dark chocolate coating (7-8)

#### BISCUIT ICE CREAM

Cremino (1-7-8)

Cream (1-3-7)

BY THE PIECE

3

BY THE PIECE

## Dear Customer, in order to safeguard your security we inform you that:

the dishes administered may contain traces or parts of the raw materials listed below which are recognized by: EC REGULATION n. 1169/2011 of 25 October 2011.

#### As substances that could generate allergies to sensitive individuals

- 1. Cereals containing gluten: wheat, rye, barley, oats, spelled, kamut
  - 2. Crustaceans and products based on crustaceans
    - 3. Eggs and egg products
    - 4. Fish and fish products
    - 5. Peanuts and peanut products
      - 6. Soy and soy products
  - 7. Milk and milk-based products (including lactose)
    - 8. Nuts: almonds, hazelnuts, walnuts, pistachios
      - 9. Celery and celery products
      - 10. Mustard and mustard-based products
    - 11. Seeds and products based on sesame seeds
  - 12. Sulfur dioxide and sulphites greater than 10 mg/kg
    - 13. Lupins and products based on lupins 14. Shellfish and shellfish products
    - For more information ask our dining room staff